



## DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine  
University of Toronto

March 2023

### Monthly Update Newsletter

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1. Congratulations on a successful Resident Research Day

We are pleased to report that we had a superb set of presentations at Resident Research Day on March 3<sup>rd</sup>. We had an inspiring Keynote lecture from Dr. Rajiv Reebye who talked about how we can all incorporate research into our clinical practices. This was followed by a series of superb oral and poster presentations from our residents and a very fun trivia group activity led by Dion Diep. It won't be a surprise to know that the dynamic duo of McKyla McIntyre and Ali Rendely won the trivia group activity by a big margin.

We were most pleased to see the resident research award winners. The judges had a very difficult time selecting winners because of the excellence of all the presentations. Oral presentation award winners were tied between Alyssa Komar and Linda Vi. The junior poster presentation award winner was Kyung Joon Mun. The senior poster award winner went to Alex Gasser and Dion Diep had an honourable mention. Sincere thanks are extended to David Langelier who led the session as well as to the resident and administrative teams who supported this excellent day.

Robert Simpson will take over leading the resident research day in 2024. We do hope to see even more faculty attend this session in future years.

2. Faculty Research Day scheduled for April 14<sup>th</sup>

We should all have our faculty research day in our calendars for April 14<sup>th</sup>. This day is being led by the triumvirate of Paul Oh, Robert Simpson, and Dinesh Kumbhare. We have an excellent series of talks planned including, a focus on implementation, knowledge translation and mobilization (Mark Bayley, Sarah Munce and Larry Robinson will be participating in this session). We encourage all division members to attend especially those who are clinician investigators and clinician scientists. Many thanks are extended to the planning team.

3. Teaching people how to fall. Toronto Rehab and Mark Bayley highlighted

We were pleased to see the article in the Toronto Star (<https://www.thestar.com/opinion/contributors/2023/03/24/why-are-these-scientists-teaching-seniors-how-to-fall-i-took-the-plunge-to-find-out.html>) focusing on teaching seniors how to fall. This piece highlighted the outstanding work done at Toronto Rehab on falls and there are many very good quotes from Mark Bayley. We know there is an entire team at Toronto Rehab who are working on "therapeutic falls" and congratulations are extended to the entire team of faculty and hospital staff working in this area.

4. Inaugural lecture in memory of Marcus

We recently heard from our own Tania Bruno that the inaugural lecture series in memory of her son Marcus will be hosted on April 6, 2023. We have attached the flyer for this talk to our newsletter and we encourage our community to attend what will be a very educational session. Dr. Brian Crompton, associate professor at Harvard Medical School will be discussing Genomic Features and Prognostic Biomarkers in Ewing Sarcoma.

5. Post City Magazines, Top Doctors includes 5 physiatrists

We were very pleased to see that 5 of our psychiatry colleagues were included in the Toronto Top Doctors listing distributed by Post City Magazines. These include John Flannery, Andrea Furlan, Jennifer Gordon, Farooq Ismail and Melody Nguyen. Congratulations are extended to all. See <https://issuu.com/postcity/docs/bayview-2023-03>



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6. You Tube star and author, Andrea Furlan, to hold book signing event

We are very pleased to remind people that our own Andrea Furlan will be holding a book signing event at Toronto Rehab on Tuesday, April 18<sup>th</sup> from 5:00pm to 7:00pm. Please check out the information below from Andrea:

“I am launching my first book in April:

8 STEPS TO CONQUER CHRONIC PAIN—a Doctor's Guide to Lifelong Relief.

Check the book page here: <https://www.doctorandrefurlan.com/book>

My publisher and UHN will host a Book Signing Event at Toronto Rehab.

Date: Tuesday, April 18th, 2023

Time: 5 to 7 pm

Everyone will need to be masked, so, unfortunately, we cannot share food or drinks 😊

In case you want to attend, RSVP at the link below:

[https://bit.ly/DrFurlan\\_book\\_signing](https://bit.ly/DrFurlan_book_signing)

I hope you can make it.

Andrea”

7. Adam Kassam appointed as Toronto Metropolitan University Founding Executive Director of Health Innovation and Strategy

We were pleased to hear that our colleague Adam Kassam has joined Toronto Metropolitan University (TMU) as Founding Executive Director of Health Innovation and Strategy. In this role, he will develop TMU's impact on health system solutions while strengthening its ecosystem partnerships. He will also lead the creation of the Institute for Health Innovation and Equity. Full details can be found at the link below.

<https://www.torontomu.ca/news-events/news/2023/03/dr-adam-kassam-joins-tmu-executive-director-health-innovation-and-strategy/>

8. Division retreat planned for June 23, 2023

We remind division members that we have our annual retreat planned for June 23<sup>rd</sup> at the Chestnut Centre downtown. We will have a number committee reports and we will also have Drs. John Hunter and/or Robert Maunder give a presentation on physician wellness; we have heard their talks before which are excellent. We are also working on a possible fun interactive session – more to follow.

9. Microstructural study on peripheral nerves in marshmallow Peeps successfully completed

We are pleased to present the latest microscopic analysis of peripheral nerve injuries and repair in marshmallow Peeps (attached). We regretfully admit that some marshmallow Peeps were injured in the completion of this scientific inquiry. We also hear that marshmallow Peeps have been seen walking around Toronto and hopefully we will have a presentation on a day in the Toronto life of Peeps next month.

As always, let us know if you have stories of interest that you would like to have distributed.

Don't forget to connect with our Twitter site @UofT\_Physiatry.

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