



**TTD 1A: Performing the fundamental components of a comprehensive geriatric assessment (CGA) and identifying common geriatric syndromes**

**Key Features**

- This EPA focuses on core components of the CGA: conducting a comprehensive history and physical examination; completing a medication review; documenting the clinical encounter; and identifying common geriatric syndromes.
- This EPA also includes performing and scoring cognitive screening using any validated screening tool (e.g., Mini–Mental State Examination (MMSE), Montreal Cognitive Assessment (MoCA))
- This EPA does not include analyzing and synthesizing diagnoses for common geriatric syndromes.
- The observation of this EPA is divided into two parts: performing a CGA; and screening for cognitive impairment.

**Assessment Plan**

Part A: Performing a CGA

Direct observation by supervisor with case discussion

**Case presentation**

- Case presentation (select all that apply): cognitive impairment; mood disorders; functional impairment/decline; frailty/multicomplexity; mobility/falls/gait disorders; bone health; orthostatic hypotension; dizziness; sarcopenia and deconditioning; incontinence; weight loss and optimal nutrition; optimal prescribing; pressure ulcers/injuries; driving safety awareness

**Setting**

- inpatient consult; geriatric unit; outpatient clinic; day hospital; outreach
- Supervisor role: geriatrician; TTP resident; care of the elderly physician

Collect 1 observation of achievement

**Milestones in Elentra**

- COM 1.2 Optimize the physical environment for patient comfort, dignity, privacy, engagement, and safety
- COM 1.1 Communicate using a patient-centred approach that facilitates patient trust and autonomy and is characterized by empathy, respect, and compassion
- ME 2.2 Elicit an accurate, relevant comprehensive history including functional, medication and social history
- ME 2.2 Perform a physical examination at the level of an internist, including a comprehensive musculoskeletal and neurological examination, targeted to the presentation
- COM 2.3 Seek and summarize relevant information from other sources, including the patient’s family, and medical records
- ME 2.2 Identify frailty, cognitive impairment, mood disorders, and/or functional impairment
- ME 2.2 Synthesize and organize clinical information for clear and succinct presentation to supervisor
- COM 5.1 Organize the clinical information from a CGA within a written document
- COM 5.1 Document information about patients and their medical conditions in a manner that enhances interprofessional care